

Relax & Rejuvenate



Treatments  
& Services

THE  
SPA<sup>®</sup>

FALLSVIEW CASINO RESORT

# Massage

## MASSAGE THERAPY SESSION

*Enjoy a Swedish massage customized to suit your needs. Our Registered Massage Therapists will discuss your treatment plan with you to determine the type of techniques and pressure that will benefit you the most.*

*25 minutes - \$65*

*45 minutes - \$105*

*60 minutes - \$120*

*90 minutes - \$165*

## PREGNANCY MASSAGE

*Allow our therapists to relieve the stress and strains on the body that are unique to your pregnancy. Please let us know how far along you are so that we can prepare to make you as comfortable as possible.*

*25 minutes - \$65*

*45 minutes - \$105*

*60 minutes - \$120*

## AROMATHERAPY MASSAGE

*Enhance your experience by adding aromatherapy to your treatment. Your therapist can prepare a personalized blend of essential oils or you may choose one of our Kerstin Florian aroma oil blends.*

*25 minutes - \$75*

*45 minutes - \$105*

*60 minutes - \$130*

*90 minutes - \$175*

## HAIR AND SCALP TREATMENT

*This luxurious experience allows your stress and tension to melt away. A special blend of warm essential oils is used to massage your neck and shoulders to start. Then your treatment moves into the hair and scalp leaving you feeling completely relaxed and tranquil.*

*25 minutes - \$65*

# Relax & Rejuvenate

## HOT STONE MASSAGE

*This deeply relaxing massage involves energy balancing and specialized massage techniques.*

*Heated stones are specifically incorporated to promote relaxation, improved circulation and a sense of well being.*

*45 minutes - \$110*

*75 minutes - \$165*

## THAI MASSAGE

*Thai massage is an ancient therapy used to ease achy muscles by promoting an increase in circulation and flexibility. Your therapist leads you through a series of gentle yoga-like stretches. Oil is not used and this treatment is performed on a comfortable mat that is positioned on the floor. We ask that you wear comfortable "work out wear" as you are fully clothed during this treatment.*

*60 minutes - \$140*

*90 minutes - \$180*

## THAI HERBAL STEM MASSAGE

*This unique massage is a blending of several forms of therapy. The heated Thai stems are filled with organic herbs grown and harvested in Thailand.*

*The scents are exhilarating and the treatment is detoxifying. At the end of your experience you will be given your set of stems to take home with you to use in a bath or spot treatment.*

*70 minutes - \$150*

# Body Wraps

## AROMATHERAPY WRAP

*This experience begins by choosing an essential oil blend that best suits you. The oil is generously applied to your whole body and you are cozily wrapped up and kept warm. You will enjoy a specialty face treatment including massage and acupressure techniques. Once you are unwrapped you will feel completely refreshed and renewed.*

*35 minutes - \$80*

*Combine with a 25 minute relaxation massage,  
60 minutes - \$140*

## ROSE PETAL BODY WRAP

*Fresh from our Canadian mountains, this organic Rose Hip Oil will soothe and hydrate your skin while delivering vitamins and antioxidants. You will experience a special face treatment including acupressure techniques and massage. The delicate fragrance of the Rose Hips relaxes the psyche and calms stressed nerves.*

*35 minutes - \$80*

*Combine with a 25 minute relaxation massage,  
60 minutes - \$140*

## HOT LINEN WRAP

**NEW!**

*Envelop your body in fragrant sheets simmered in a variety of herbs. This healing blend works with heat to detoxify the body and soothe the muscles. Enjoy a face treatment including massage with acupressure techniques ending with a relaxing scalp massage.*

*35 minutes - \$80*

# Facials

## CAVIAR SIGNATURE IMMERSION

*Treat yourself to our decadent signature facial. While you sip a cup of specialty tea, your feet are exfoliated and then immersed in a warm herbal infusion bath. Experience a Myrrh nail treatment and a relaxing hand massage followed by warmed mitts.*

*This popular facial incorporates nature's finest anti-aging ingredients such as caviar, green tea and vitamins. Included in your experience is a lifting eye and lip treatment as well as Chinese Accu-pressure and an Accu-lift facial massage. Your skin will be refreshed; rehydrated and your stresses will melt away.*

*120 minutes - \$200*

## SERENITY FACIAL

*Our luxurious two-hour treatment begins with a refreshing foot exfoliation and an herbal soak in our popular Swedish Foot Bath. This rejuvenating facial refines and tones while essential nutrients and antioxidants nourish and revive your skin. The serenity facial includes our moisturizing eye and lip refinement treatment and a relaxing foot massage.*

*120 minutes - \$180*

## CLARITY FACIAL

*This anti-aging facial is brimming with antioxidants. A Spirulina Algae mask combats premature aging while it helps to refine the skin to promote a healthy glow. A Vitamin C ampoule will leave your skin visibly radiant. Enjoy our contour lifting massage and end your experience with a hydrating hand treatment.*

*90 minutes - \$150*

# Facials

## AROMATHERAPY FACIAL

*Reconnect with nature, spirit and self with our luxurious facial based on the ancient art of Aromatherapy. Experience a global bouquet of skin renewing aromatic oils. Scent and touch are combined to induce complete vitality and relaxation.*

*60 minutes - \$120*

## PURITY FACIAL

*This deep cleansing treatment is perfect for any skin type. A gentle exfoliating peel, luxurious massage and a deep moisturizing mask with botanical extracts rejuvenate and nourish your skin. Complete your experience with a relaxing hand treatment.*

*60 minutes - \$125*

## LAVENDER FACIAL

*This facial delights the senses while it balances and protects your skin. Begin with a hand and arm exfoliation followed by a massage with Myrrh Nail Oil and Lavender Body Spray finishing with warm mitts. Deep cleansing, gentle exfoliating peel and moisturizing mask are all part of your experience.*

*For the perfect end to your journey enjoy a relaxing foot massage.*

*75 minutes - \$140*

## REFRESHER FACIAL

*This purifying and balancing treatment is based on mineral rich Hungarian Moor Mud which refines and nourishes lacklustre skin. This is a perfect facial for those guests pressed for time.*

*25 minutes - \$65*

# Relax & Rejuvenate

## GENTLEMEN'S FACIAL

*This deep cleansing, therapeutic facial is designed specifically for men. Enjoy a luxurious facial massage and a moisturizing mask to leave you feeling refreshed and rejuvenated.*

*60 minutes - \$125*

## EYE LIFT AND LIP REFINEMENT

*This exfoliating and moisturizing treatment is created specifically for the delicate skin around the eye and lip area. Add this treatment as a compliment to any of our facials.*

*Add on to any facial, 15 minutes - \$40*

## PURIFYING BACK TREATMENT

*This is a deep cleansing facial designed for your back. This hard to reach area is often neglected and in need of special attention. Our aestheticians will address any specific skin concerns to ensure that you receive a customized treatment.*

*60 minutes - \$125*

## SUNLESS TANNING

*A St. Tropez hand applied treatment gives you a fast, flawless natural looking tan.*

*We also carry a full range of retail products to make your tan last longer.*

*Full body, 60 minutes - \$110*

*Legs only, 25 minutes - \$50*

*Upper Body, 35 minutes - \$65*

**WAXING – PLEASE CALL FOR DETAILED INFORMATION**

# Manicures & Pedicures

## FALLSVIEW MANICURE

*Begin this experience with traditional nail and cuticle repair. Your aesthetician will then exfoliate, massage and moisturize your hands while heated mitts help to absorb the product.*

*60 minutes - \$65*

*Add French polish - \$75*

## EXPRESS MANICURE

*If time is of the essence, this manicure is perfect for you. Your nails and cuticles are professionally groomed and an option of polish completes your experience.*

*25 minutes - \$40*

*Add French polish, 35 minutes - \$50*

## FALLSVIEW PEDICURE

*This relaxing treatment begins with a foot soak. Nail and cuticle repair is next. Then rough skin is exfoliated with a creamy eucalyptus salt mixture and soothed with a massage featuring a natural foot balm rich in menthol, eucalyptus and lavender. For added luxury choose a lavish cream with heated boots or a cooling foot mask – the choice is yours.*

*60 minutes - \$75*

*Add French Polish - \$85*

## HOT STONE PEDICURE

*Enjoy the benefits of a pedicure with the decadence of hot stones.*

*60 minutes - \$85*

## EXPRESS PEDICURE

*This pedicure begins with nail and cuticle work, light exfoliation and a finish with polish if desired.*

*35 minutes - \$50*

*Add French Polish, 40 minutes - \$60*

## SHELLAC NEW!

*Add Shellac Polish to your manicure or pedicure. Long lasting, zero dry time with a mirror finish - \$10*

# Vichy Treatments

## SPIRULINA ALGAE WRAP

*Indulge in the rejuvenating effects of the sea. The Spirulina body mask imparts essential vitamins, minerals and protein to nourish the body and stimulate circulation. After applying the spirulina mask to the whole body you will be wrapped and comfortably warmed to enhance the absorption of nutrients. Enjoy a mask and specialty massage to the face as well as a scalp massage as you relax in your cocoon. The gentle warm rain of the Vichy Shower, followed by a wonderful hydrating lotion will leave your skin feeling amazing.*

*60 minutes - \$130*

## MOOR MUD WRAP

*Moor Mud is legendary for its powerful therapeutic properties. This authentic thermal Moor Mud soothes and rejuvenates tired muscles and dull skin. While you are covered with this healing mud you will be gently wrapped and warmed comfortably. Experience a wonderful face and scalp treatment until it is time to unwrap you and cleanse the mud under the Vichy Shower rain bar. This showers soothing warm water over your body to remove the mud. To leave you feeling completely refreshed we will finish by applying a hydrating spray or lotion.*

*60 minutes - \$130*



# Vichy Treatments

## BODY POLISH

*Enjoy an invigorating exfoliation while underneath a gentle rainfall from the Vichy Shower. Your therapist will help you choose the degree of exfoliation according to the sensitivity of your skin. A moisturizing finish will leave your skin feeling soft and glowing.*

*35 minutes - \$80*

## ULTIMATE BODY POLISH

*A light exfoliation under the rainfall of the Vichy Shower followed by an invigorating loofah polish leaves your skin refined and renewed. This experience is completed with a gentle massage using chamomile body cream.*

*60 minutes - \$130*



# Combinations & Specialty Services

*Please feel free to arrange your Spa services from our a la carte Spa menu. If you prefer, you may choose one of the following specialty combination treatments that we have created.*

## **“THE SPA” SIGNATURE EXPERIENCE**

*Your experience begins under the Vichy Shower where a rain bar of seven shower heads warms you with a gentle spray of water. Your skin is exfoliated with Turkish Salts to prepare it for the hydration of the body wrap. Once you dry off you will be lavished with a rich mineralizing body cream and warmed in a cocoon. You will enter a deep state of relaxation as your therapist takes you through an amazing ritual including hot towels and face massage with acupressure. Enjoy a soothing scalp massage to continue your experience.*

*This serene treatment is completed with specialty lotion for a grounding foot massage.*

*90 minutes - \$175*

## **TRANQUILITY**

*Begin your treatment with a nourishing and revitalizing Aromatherapy facial. Then experience our wonderful hair and scalp treatment that includes the use of warm essential oils. This is an incredible package to help melt your stresses away.*

*80 minutes - \$165*

## **REJUVENATION**

*For those of us who love to be pampered, this package is perfect for you. Begin with a 25 minute relaxing massage. Next enjoy a head and scalp treatment using warm aromatherapy essential oils. Indulge in a hand treatment that includes our Myrrh nail oil and Satin lotion. Your head to toe experience finishes with a relaxing and grounding foot massage using our decadent Fus Balm lotion.*

*70 minutes - \$150*

# *To Enhance Your Spa Experience*

## **APPOINTMENTS AND RESERVATIONS**

*Please arrive 15 minutes prior to your scheduled treatment time. A valid credit card is required at the time of reservation. Should you arrive late, we will do our best to provide you with the best experience within the remaining treatment time.*

## **CANCELLATION POLICY**

*There is a 24 hour cancellation policy on all treatments. If you cancel within the 24 hour period a 50% charge will apply.*

## **HEALTH**

*Please inform us of any medical conditions, including pregnancy, so that we may adjust the treatment for your maximum safety and enjoyment.*

## **SPA ATTIRE**

*Upon arriving at the Spa, you will be provided with a robe, sandals and a locker for your personal belongings.*

## **SPA ENVIRONMENT**

*The Spa is a relaxing environment. As a courtesy to the other guests, we ask that you turn all cell phones and pagers off. In addition, please refrain from loud conversation. Smoking is not permitted. We recommend that our guests refrain from consuming alcohol before or during your Spa treatment.*

## **ADULT FACILITY**

*The Spa is an adult relaxation environment. For this reason, we have a minimum age requirement of 19.*



*We recommend scheduling your  
spa treatments in advance.*

**PLEASE CALL**

**1-888-325-5788 OR 905-371-7772**